



Dr Deon Smith is an experienced medical practitioner with experience across three countries - South Africa, Australia, and the Republic of Ireland. After graduating from the University of Pretoria(South Africa) in 1988, he has worked in various healthcare settings, including emergency medicine, orthopaedic surgery, and general practices in urban, rural and remote areas.

A New Chapter in Health and Wellness with Dr Deon Smith!

Dr Smith's special interests lie in chronic medical conditions and their prevention and treatment, such as diabetes, hypertension, hyperlipidaemia, IHD, auto-immune diseases, mental health issues, and dementia. He acknowledges the scientific advancements in managing these conditions but does emphasise the need to address their preventable causes.

Dr. Deon Smith: a Strong Advocate for Mental Health

His dedication to his profession is evident in his work, which has earned him recognition in the pharmaceutical industry as an experienced Principal Investigator.

A notable part of Dr. Smith's career is his involvement in the e7Doctors wellness programs. His unique perspective on health, bolstered by his extensive knowledge and experience, has significantly influenced the development of these programs. He supervises Ms. Maris's diligent efforts and provides her with scientific guidance to enhance her WHOLE-istic approach to wellness. His innovative concepts and dedication to promoting a culture of health and wellbeing are highly praised by his colleagues.

Dr. Smith's multifaceted career paints a picture of a dedicated professional who continually strives for excellence in healthcare. His peers respect him for his meticulous approach to patient care, and his patients appreciate him for his empathetic and understanding nature.

In conclusion, Dr. Smith is far more than a standard medical practitioner; he is a fervent advocate for mental health care, tirelessly working to enhance the quality of life for his patients and within his professional circle. His mission extends beyond his practice, as he is passionately dedicated to combating suicide ideation and promoting mental wellbeing among his peers. His journey reflects unwavering dedication, immense passion, and an insatiable thirst for knowledge, cementing his position as an invaluable pillar within the healthcare community.